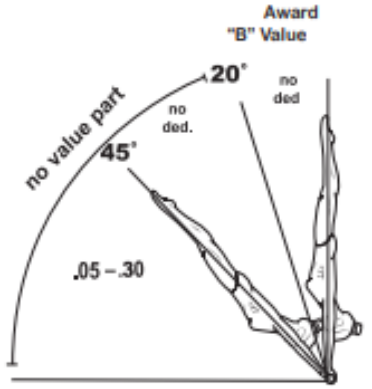
USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

LEVEL 6 UNEVEN BARS

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)		NO COMPOSITIONAL REQUIREMENTS
_____ 5 A (0.1) _____ 1 B (0.3) _____ 0 C (0.5) Allowable: ▪ One allowable C ▪ Count C as B VP	(0.5 each) ☐ Cast to 45° above horizontal ☐ One bar change (minimum) ☐ One 360° clear circle element from groups 3/6/7 ☐ A salto dismount ☐ Restricted elements - no VP credit & (0.5 each)	▪ Allowable C's: ▪ Clear hip HS ▪ Stalder HS ▪ Toe-on HS ▪ Restricted: ▪ Any other C elements ▪ All D/E elements ▪ Any flight/release elements from LB to HB or HB to LB ▪ Short exercise (< 5 VPs): CJ deducts 2.0 from average	▪ Cast to 45° SR awarded when angle is above horizontal. No amplitude deductions if 45° or above. ▪ This is exception to rule that SRs must be fulfilled w/ VPs. ▪ Cast at horizonal or below: No SR credit and deduct 0.3 for amplitude.



#		
		10.0
	VP (-)	
	SR (-)	
	SV	
	execution	
	dynamics	
	score	
	AVERAGE	

T. Parsons 9/2025