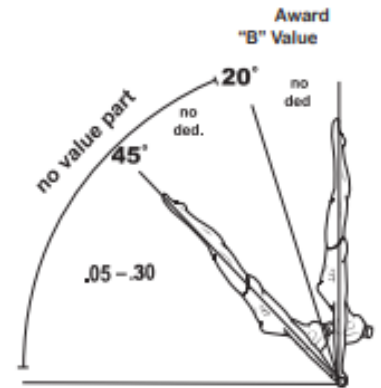


USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

LEVEL 6 UNEVEN BARS

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)		NO COMPOSITIONAL REQUIREMENTS
_____ 5 A (0.1) _____ 1 B (0.3) _____ 0 C (0.5) <hr/> Allowable: • One allowable C • Count C as B VP	(0.5 each) <input type="checkbox"/> Cast to 45° above horizontal <input type="checkbox"/> One bar change (minimum) <input type="checkbox"/> One 360° circle element from groups 3/6/7 <input type="checkbox"/> A salto dismount <input type="checkbox"/> No dismount (0.3) <input type="checkbox"/> Restricted elements - no VP credit & (0.5 each)	<ul style="list-style-type: none"> ▪ Allowable C's: <ul style="list-style-type: none"> ▪ Clear hip HS ▪ Stalder HS ▪ Toe-on HS ▪ Restricted: <ul style="list-style-type: none"> ▪ Any other C elements ▪ All D/E elements ▪ Any flight/release elements from LB to HB or HB to LB ▪ Short exercise (< 5 VPs): CJ deducts 2.0 from average 	<ul style="list-style-type: none"> ▪ Cast to 45° SR awarded when angle is above horizontal. No amplitude deductions if 45° or above. ▪ This is exception to rule that SRs must be fulfilled w/ VPs. ▪ Cast at horizontal or below: No SR credit and deduct <u>0.3</u> for amplitude.



#		10.0
	VP (-)	
	SR (-)	
	SV	
	execution	
	dynamics	
	score	
	AVERAGE	