



# USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

## LEVEL 7 FLOOR EXERCISE

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)		NO COMPOSITIONAL REQUIREMENTS
_____ <b>5</b> A <b>(0.1)</b> _____ <b>2</b> B <b>(0.3)</b> _____ <b>0</b> C <b>(0.5)</b> <hr style="border: 0.5px solid blue;"/> <u>Allowable:</u> • Any C dance (unlimited) • Count C as B VP	<b>(0.5 each)</b> <input type="checkbox"/> Acro requirements (0.5 each — max 1.0) <input type="checkbox"/> Two acro passes <input type="checkbox"/> Salto backward <input type="checkbox"/> Salto forward <input type="checkbox"/> Salto stretched (forward or backward) <input type="checkbox"/> Dance passage <input type="checkbox"/> 360° turn on one foot	<input type="checkbox"/> No dismount <b>(0.3)</b> <input type="checkbox"/> Restricted elements <b>(0.5 each)</b>  <u>TIME</u> <b>1:30</b>  No deduction taken if fraction of a second overtime Short exercise (< 30 seconds): CJ deducts <b>2.0</b> from average	<ul style="list-style-type: none"> <li>▪ Acro pass with salto backward must have a minimum of two directly connected flight elements.</li> <li>▪ Salto forward can be isolated or with other elements.</li> <li>▪ Aerial will not fulfill salto forward requirement.</li> <li>▪ Salto stretched must have no twist and land on two feet.</li> <li>▪ Dance passage must have a minimum of two <u>different</u> group 1 elements, directly or indirectly connected, one of which is a leap requiring 180° cross/side split.</li> </ul>

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		<b>10.0</b>
	VP (-)	
	SR (-)	
	<b>SV</b>	
	execution	
	other	
	score	
_____ Artistry ↑0.3    _____ Footwork ↑0.3    _____ Dynamics ↑0.2    _____ Posture ↑0.3    _____ Rhythm ↑0.2    _____ End #1 s <u>0.05</u>	<input type="checkbox"/> Out of Bounds	<b>AVERAGE</b>