

BEAM	Time	ACRO Series (2 VP)	Allowed / Restricted (-0.5 off SV)	VP
7	1:30 warm-up	Series w/wo Flight Gps 5/6/7, 1 must achieve HS Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	C Dance elements <i>unlimited</i> = B	A (5) 0.1
	1:20 compete		No C Acro elements allowed (-0.5 no VP)	B (2) 0.3
			No D/E elements allowed (-0.5 no VP)	

*Acro Flight may be in series or isolated*

5A

2B

**LEVEL 7 SR 0.5 ea**

Acro Series w/wo flight  
**AND** 1 Acro flight element

Leap or Jump 180° Split

Full turn on 1 foot

Dismount A Salto/Aerial

**10.0 SV** \_\_\_\_\_ .3 ea -B VP  
 \_\_\_\_\_ .1 ea -A VP  
 \_\_\_\_\_ .5 ea -SR  
 \_\_\_\_\_ .5 ea -'RE'  
 \_\_\_\_\_ 0.3 No Dmt

Dyn ↑.2 Footwork ↑.3 Artistry C-P-E ↑.3

Rhy ↑.2 Posture ↑.3 Sureness ↑.2

5A

2B

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