

BEAM	Time	ACRO Series (2 VP)	RESTRICTED ELEMENTS 'RE'	VP
6	1:30 warmup / 1:15 compete	Non-flight series Gps 5/6/7, 1 must achieve HS	1 C Dance element allowed	A (5) 0.1
	If >30 seconds & 10.0 SV the CJ takes -0.5 off average	Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	No other C & No D/E elements No VP credit & 0.5 off SV	B (1) 0.3

LEVEL 6 SR 0.5 ea	Acro Flight may be in series or isolated	5A	1B
Non-flight Acro Series			
OR 1 Acro flight element _____			
Leap or Jump 180° Split			
Full Turn on 1 foot			
Dismount "A" Salto/Aerial			
-B VP .3 ea	_____	10.0 SV	
-A VP .1 ea	_____		
-SR .5 ea	_____		
-'RE' .5 ea	_____		
No Dmt 0.3	_____		
Dyn ↑.2	Foot ↑.3	Art C-P-E ↑.3	
Rhy ↑.2	Posture ↑.3	Sureness ↑.2	

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