

BEAM	Time	ACRO Series (2 VP)	RESTRICTED ELEMENTS 'RE'	VP
6	1:30 warmup / 1:15 compete	Non-flight series Gps 5/6/7, 1 must achieve HS	1 C Dance element allowed	A (5) 0.1
	If >30 seconds & 10.0 SV	Not in Mount or Dismount / Rolls OK	No other C & No D/E elements	B (1) 0.3
	the CJ takes -0.5 off average	Handstand without turn must be held 2 seconds.	No VP credit & 0.5 off SV	

Acro Flight may be in series or isolated

5A

1B

LEVEL 6 SR 0.5 ea

Non-flight Acro Series

OR 1 Acro Flight Element

Leap or Jump 180° Split

Full Turn on 1 foot

Dismount "A" Salto/Aerial

- 10.0 SV**
- _____ .3 ea -B VP
 - _____ .1 ea -A VP
 - _____ .5 ea -SR
 - _____ .5 ea -'RE'
 - _____ 0.3 No Dmt

Dyn ↑.2 Footwork ↑.3 Artistry C-P-E ↑.3

Rhy ↑.2 Posture ↑.3 Sureness ↑.2

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1B

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