




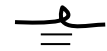



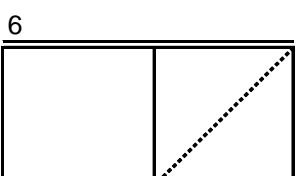
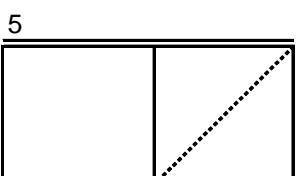
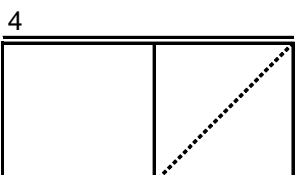
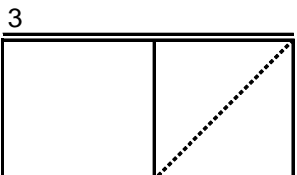
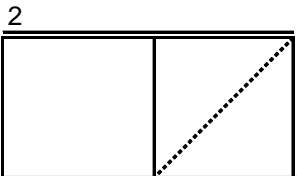
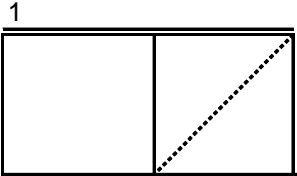











Level 3 Floor

Handstand Fwd Roll, <i>straight arms</i> 1 second hold 	Straight Leg Leap 90° 	Stretch Jump 	Split Jump 90° 	Handstand, Bridge, Back kick-over 120° 	Forward Splits 	½ Turn Fwd Passé 	Back Roll to 45° <i>lower to Push-up</i> 	Round-off Flic-Flac <i>,Rebound</i> 
0.6	0.6	0.2	0.4	0.6	0.2	0.4	0.4	0.4 0.6

Tuck or pike entrance OK



Level 3 Floor

Handstand Fwd Roll, <i>straight arms</i> 1 second hold 	Straight Leg Leap 90° 	Stretch Jump  Broken connection -0.05	Split Jump 90°  //	Handstand, Bridge, Back kick-over 120°  Arms cover ears	Forward Splits 	½ Turn Fwd Passé 	Back Roll to 45° lower to Push-up 	Round-off Flic-Flac ,Rebound 
0.6	0.6	0.2	0.4	0.6	0.2	0.4	0.4	0.4 0.6

Tuck or pike entrance OK

