



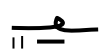


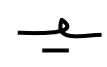



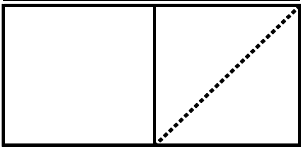
Level 4 Balance Beam

Time 1:05

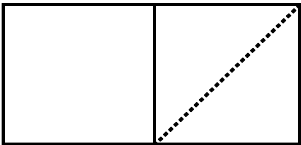
D.Hanford 8.3.2023

MOUNT: Front Support Fish Pose <i>Stag sit to stand</i> 	Cartwheel 	½ Turn Fwd Passé 	Stretch Jump Split Jump 120° Reversing order -0.3   Broken connection -0.05	Handstand <i>1 second hold</i> 	Scale horizontal <i>1 second hold</i> 	Straight Leg Leap 120° 	Cartwheel to Side HS, ¼ Turn DISMOUNT <i>1 second hold</i> 
0.2	0.6	0.4	0.2 0.4	0.6	0.4	0.6	0.6

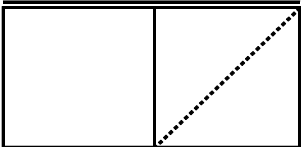
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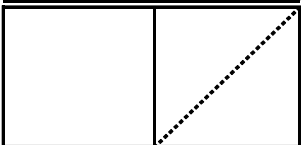
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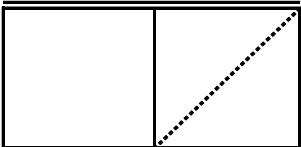
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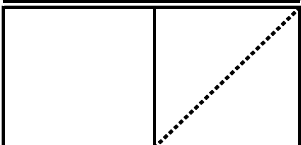
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5







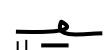


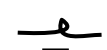

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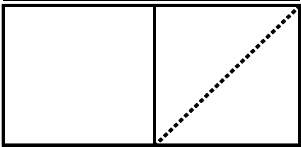
Level 4 Balance Beam

Time 1:05

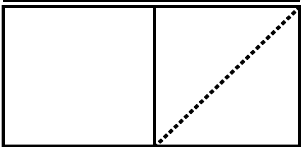
D.Hanford 8.3.2023

MOUNT: Front Support Fish Pose <i>Stag sit to stand</i> 	Cartwheel 	½ Turn Fwd Passé 	Stretch Jump Split Jump 120° Reversing order -0.3  	Handstand <i>1 second hold</i> 	Scale horizontal <i>1 second hold</i> 	Straight Leg Leap 120° 	Cartwheel to Side HS, ¼ Turn DISMOUNT <i>1 second hold</i> 
0.2	0.6	0.4	0.2 0.4	0.6	0.4	0.6	0.6

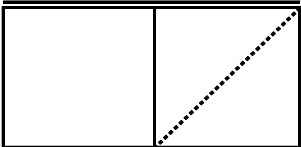
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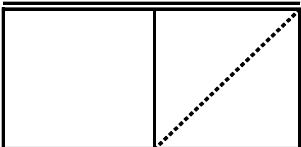
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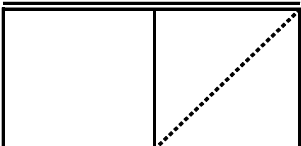
3



4



5



6

