






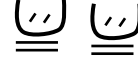



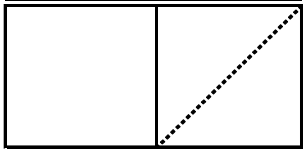
Level 3 Balance Beam

Time 0:55

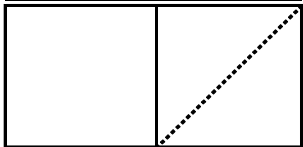
D.Hanford 8.3.2023

MOUNT: Front Support Fish Pose <i>Stag sit to stand</i> 	Cross Handstand <i>Mark position</i> 	Heel Snap ½ Turn Forward Passé  Not heel snap -0.3	Stretch Jump 	Stretch Jump <i>plié to relevé lock</i>  Broken connection -0.05	Arabesque 45° <i>Hold 1 sec</i> 	Straight Leg Leap 90° 	2 Pivot Turns (180°) <i>from relevé lock</i> 	Cartwheel to Side HS ¼ Turn DISMOUNT <i>Mark position</i> 
0.2	0.6	0.4	0.4	0.4	0.4	0.6	0.2 0.2	0.6

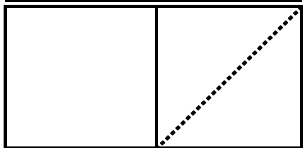
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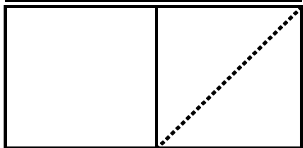
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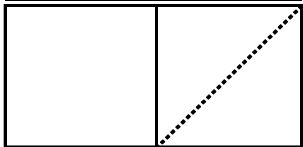
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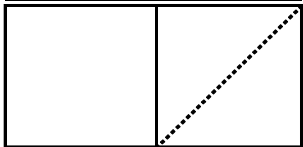
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5



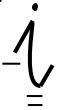






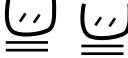

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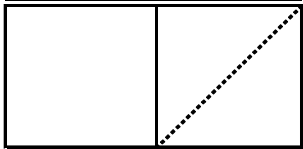
Level 3 Balance Beam

Time 0:55

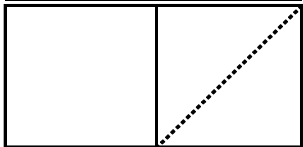
D.Hanford 8.3.2023

MOUNT: Front Support Fish Pose <i>Stag sit to stand</i> 	Cross Handstand <i>Mark position</i> 	Heel Snap ½ Turn Forward Passé  Not heel snap -0.3	Stretch Jump 	Stretch Jump <i>plié to relevé lock</i>  Broken connection -0.05	Arabesque 45° <i>Hold 1 sec</i> 	Straight Leg Leap 90° 	2 Pivot Turns (180°) <i>from relevé lock</i> 	Cartwheel to Side HS ¼ Turn DISMOUNT <i>Mark position</i> 
0.2	0.6	0.4	0.4	0.4	0.4	0.6	0.2 0.2	0.6

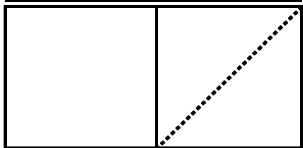
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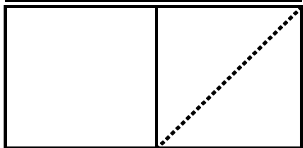
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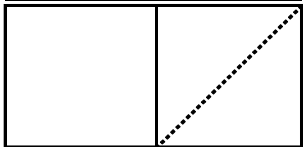
3



4



5



6

