

**BEAM**

**7**

Time	ACRO Series (2 VP)	Allowed / Restricted 'RE':	VP
1:30 warm-up / 1:20 compete	Series w/wo Flight Gps 5/6/7, 1 must achieve HS Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	C Dance elements <i>unlimited</i> = B	A (5) 0.1
		No C Acro & No D/E elements allowed If 'RE' Dismount, then -0.3 off SV	B (2) 0.3

*Acro Flight may be in series or isolated*

5A

2B

**LEVEL 7 SR 0.5 ea**

Acro Series w/wo flight  
**AND** 1 Acro flight element

Leap or Jump 180° Split

Full turn on 1 foot

Dismount A Salto/Aerial

<b>10.0 SV</b>	_____	.3 ea	-B VP
	_____	.1 ea	-A VP
	_____	.5 ea	-SR
	_____	.5 ea	'-RE'
	_____	0.3	No Dmt

Dyn ↑.2 Footwork ↑.3 Artistry C-P-E ↑.3

Rhy ↑.2 Posture ↑.3 Sureness ↑.2

5A

2B

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Acro Series- w/wo flight  
**AND** 1 Acro flight element

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	_____	0.3	No Dmt

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