

BEAM LEVEL 9 COMPOSITION

L9 ACRO not up to competitive level ↑0.2

Includes acro mount & elements on beam (not Dmt)

	Flight Series	Additional Acro
Expected 0.0	B C 2 flight	C Salto or Aerial
	B C 2 flight	D hand support
	Acro series with salto or aerial	C hand support
0.05	B C 2 flight	C hand support
0.10	B C 2 flight	B or more B flight
0.15	B B 1-2 B flights	C Salto or Aerial
0.20	B B 1-2 B flights	No other B Acros
	Broken series No series	No other B Acros

L9 DANCE not up to competitive level ↑0.20

Expected 0.0	C C
0.05	C B
0.10	C
0.15	B B
0.20	B

L9 DISMOUNT not up to competitive level ↑0.1

	Dismount	Acro Connect	Dance Connect
Expected 0.0	C	B B Acro connect	C B Dance connect
0.05		A B Acro connect	B B Dance connect
0.10	B Isolated	A Any A dmt	
A non-VP acro used for 3rd time may be considered for dismount connection in composition.			

0.10 Failure to perform Acros in 2 different directions: Backward & Forward/Sideward

0.05 Dismount is the only Fwd/ Swd or Bwd

0.10 Overuse of Dance elements with same shape

More than 2 ea: Wolf / Tuck or Straddle

0.10 More than 2 pivot turns (2-feet & straight legs)

0.20 Lack of a Dance Series (Min of 2 dance elements)

↑0.10 Insufficient level changes throughout exercise

↑0.10 Spatial use: Entire length of beam

0.05 ea Must show 2 of 3 Directions: Fwd/Bwd/Swd Movements in Non-VP/Choreo