

# Level 2 Vault

JDM 9/1/21

Body each phase  
Arch  $\uparrow .30$  Pike  $\uparrow .50$

Neutral Head  $\uparrow .10$  each phase

Bent Arms  $\uparrow .50$

Angle of Contact

Assistance of Coach (after gymnast achieves hand support on mat stack)  $2.00$

Following a fall on 1st vault & an injury is being assessed, once the gymnast is standing up on her feet, she has 45 seconds before the judge will salute for the 2nd vault

Shoulder Angle  $\uparrow .30$

Both hands past tape line  $.50$

Staggered hands 1 past tape line  $.20$

Feet  $\uparrow .10$  each phase

Failure to show inverted position (rolling action)  $\uparrow 2.00$

**A**cceleration  $\uparrow .30$

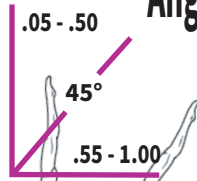
**H**orizontal Running  $\uparrow .30$

**F**orward Lean  $\uparrow .30$

**H**eight NO DEDUCTION

**D**istance NO DEDUCTION

**D**ynamics  $\uparrow .30$



Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score

Gymnast

Body

Tape Line \_\_\_\_\_

A \_\_\_ P \_\_\_

Bent Arms \_\_\_\_\_

Angle \_\_\_\_\_

Head \_\_\_\_\_

Body  
A \_\_\_ P \_\_\_

Feet \_\_\_\_\_



Run  
A \_\_\_ H \_\_\_ F \_\_\_

Dynamics \_\_\_\_\_

Final Score