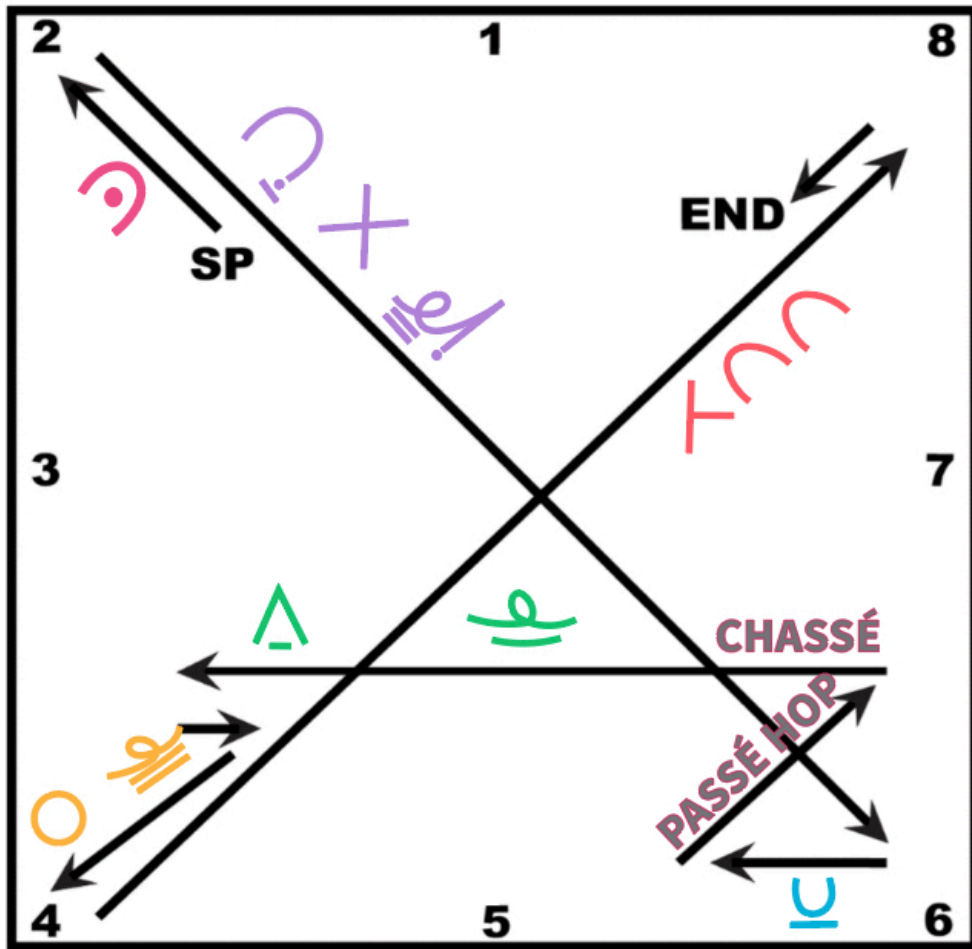
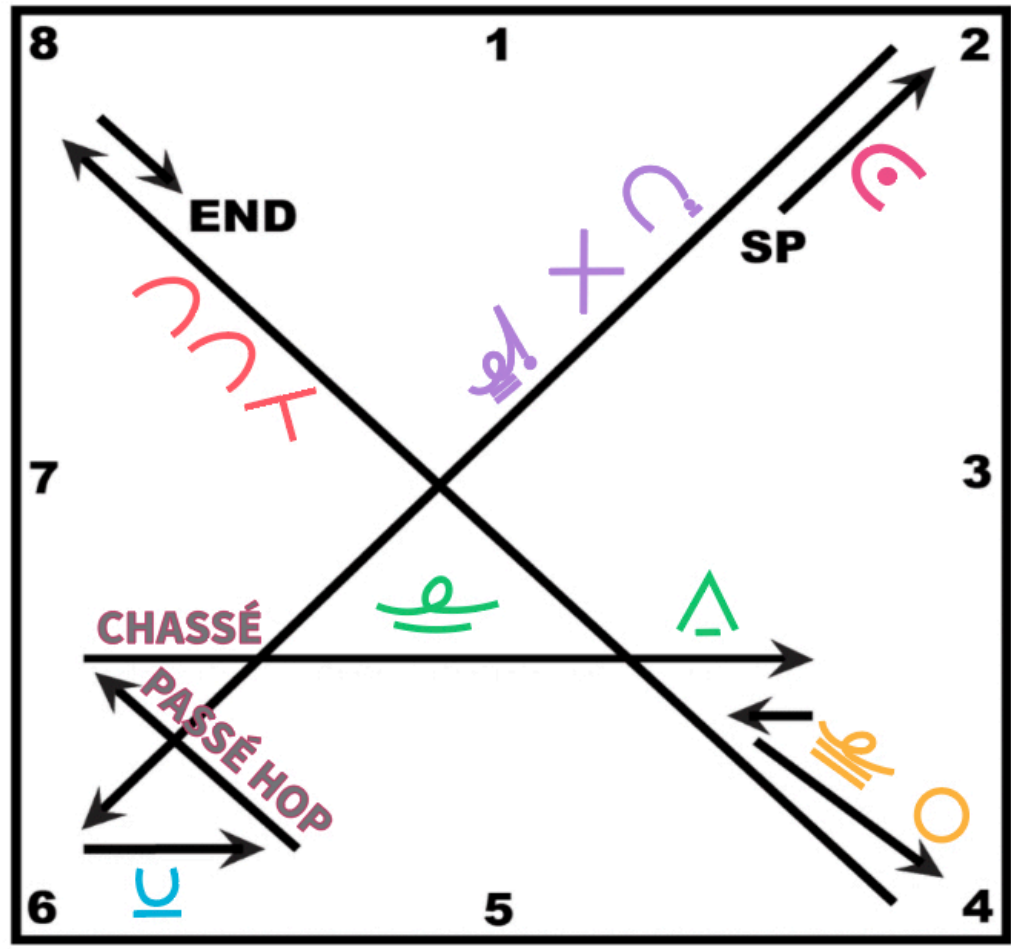


# Level 4 Floor

LEFT



RIGHT

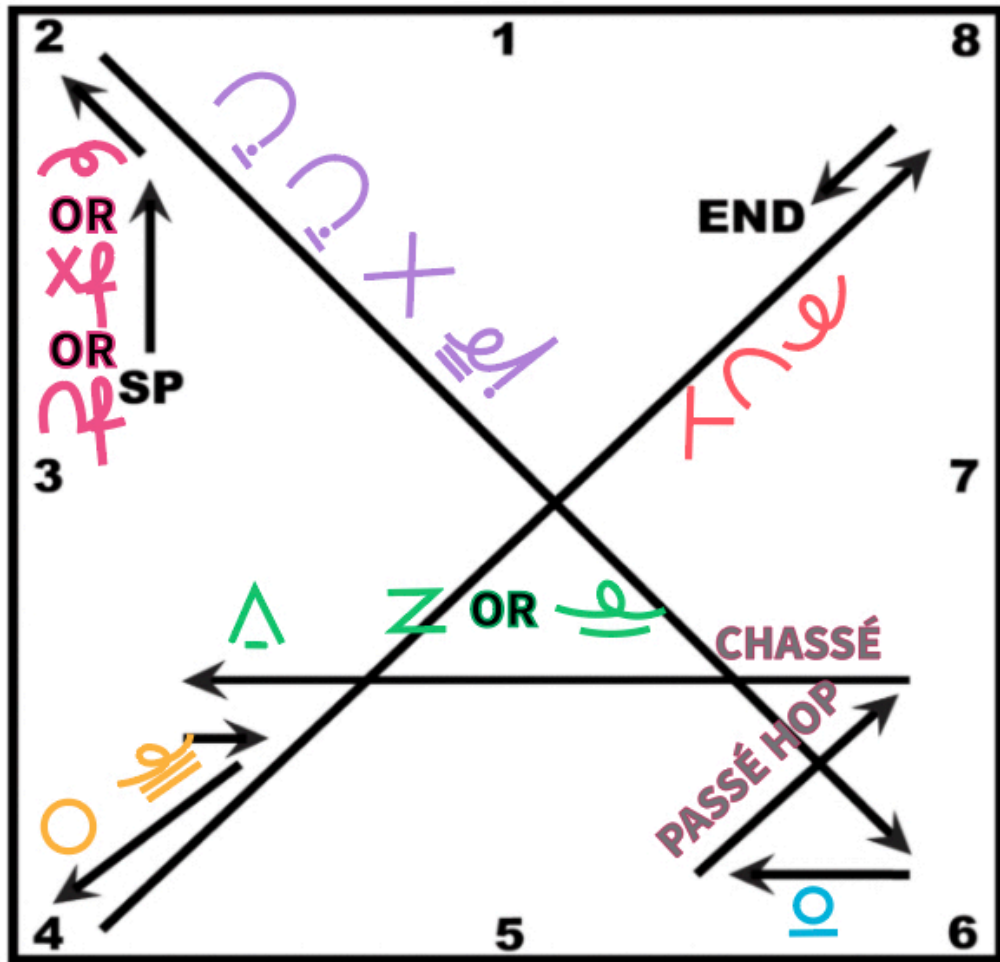


1. **BACK WALKOVER**
2. **FRONT HANDSPRING STEP- OUT, CARTWHEEL, STRAIGHT ARM BACKWARD ROLL TO HANDSTAND**
3. **STRETCH JUMP 1/2 (180°) TURN**
4. **STRAIGHT LEG LEAP (120°), STRADDLE JUMP (120°)**
5. **FORWARD SPLIT, 1/1 (360°) TURN IN FORWARD PASSÉ**
6. **ROUND-OFF, FLIC-FLAC, FLIC-FLAC**

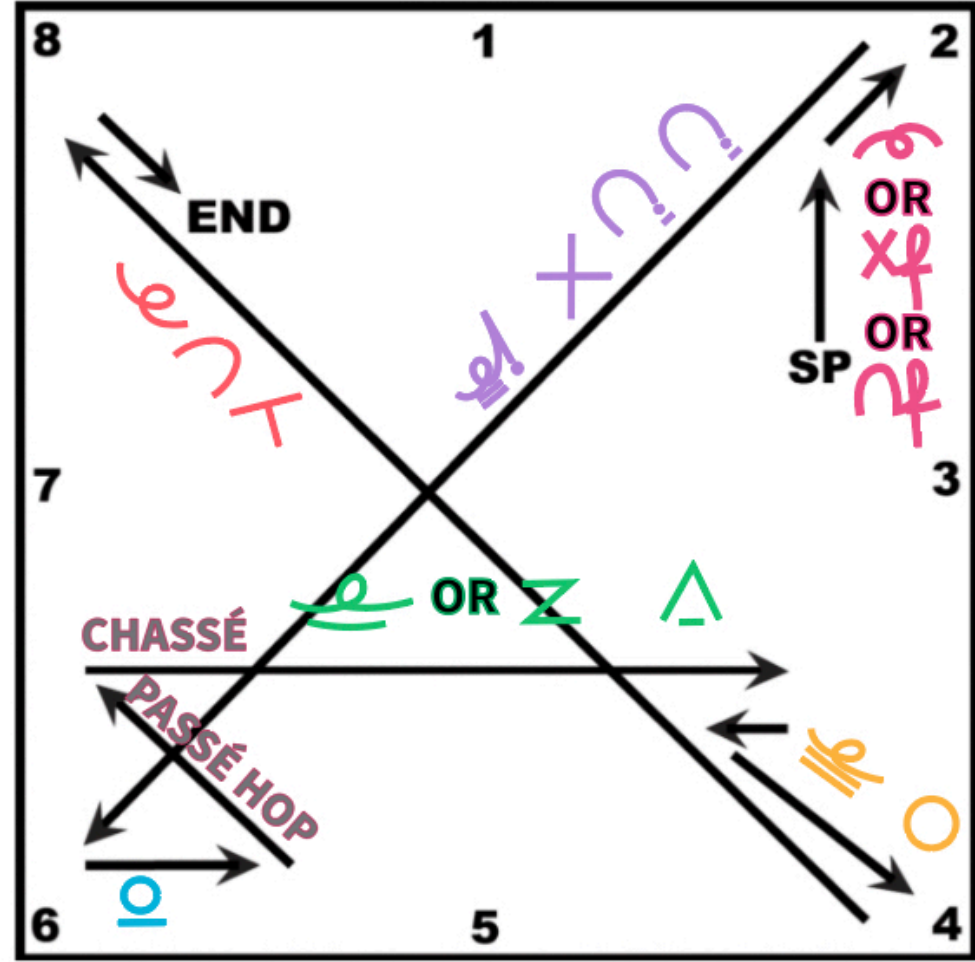
*J.D. MacDonald*

# Level 5 Floor

LEFT



RIGHT



1. FORWARD SALTO TUCKED OR AERIAL CARTWHEEL OR AERIAL WALKOVER FORWARD
2. FRONT HANDSPRING STEP- OUT X2, CARTWHEEL, STRAIGHT ARM BACKWARD ROLL TO HANDSTAND
3. STRETCH JUMP 1/1 (360°) TURN
4. STRAIGHT LEG LEAP (150°) OR SWITCH LEG LEAP (150°), STRADDLE JUMP (150°)
5. FORWARD SPLIT, 1/1 (360°) TURN IN FORWARD PASSÉ
6. ROUND-OFF, FLIC-FLAC, BACKWARD SALTO TUCKED

*J.D. MacDonald*