

BARS**XS**

Time	ADDITIONAL 'A' SKILLS				RESTRICTED 'RE'
0:45 warm-up	Pullover LB/HB	Long Hang Pullover	Tapswing-counter	DMT: Tapswing fwd ½ turn	No 'B' skills
	Glide swing -stand	Stride Circle - fwd / bwd	Underswing-counter	DMT: Bwd ¾ Seat circle LB	No Giants LB or HB
	Run-out Kip	Basket swing - bent leg OK	Cast -45° below horizontal	DMT: Stretch Jump off	No Salto Dismount
	1-leg Jam Kip Run-out OK	Leg Cut - fwd / bwd Leg Swing - bwd	Cast shoot-thru* (1 VP) Cast squat-on* (1 VP)	other casts before a skill = 2 VP	No VP credit & 0.5 off SV

No extra swing deductions

Maximum execution deductions: 4.0

Courtesy Score: 4.0

X SILVER SR 0.5 ea

5 'A' VP

Cast - 45° below horiz

- Not Mt/Dmt

360° Circle -No Mt/Dmt

Dismount LB/HB -No salto

10.0 SV

.5 ea -SR

.5 ea -'RE'

.3 No Dmt

Thru-out

Dynamics ↑.2

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