

## CJ Deducts from Average Score

CJ takes the deduction from the average score for the following infractions. The deduction must be indicated to the coach either verbally or by visual means at the conclusion of the exercise.

**0.10 Overtime**

**0.10 Coach standing between the bars or next to beam throughout the entire exercise**

**0.10 Any part of the body touching outside of the Floor Exercise border marking each time**

**0.10 Failure to Present to Chief Judge before exercise and to any judge after exercise, *each time***

**0.10 Failure to mark the Boundary line on additional matting which covers the boundary line.**

**0.20 Gymnast fails to begin exercise within 30 sec. after the Chief Judge signals to begin**

**0.20 Unsportsmanlike conduct of gymnast (*after warning*)**

**0.20 Incorrect padding (*Gymnast wearing heel/hip pads on bars*)**

*\* If the Chief Judge notices the heel pads prior to the gymnast's mount, a warning must be given. However, if the gymnast wears the heel pads during her exercise (whether or not the Chief Judge warned her previously), the deduction must be taken.*

**0.20 Incorrect attire (includes unacceptable jewelry) (*after a warning*)**

*\* Jewelry is not allowed to be worn during warm-ups or competition. The deduction is taken one time only. Once the warning has been issued by the Meet Referee or Chief Judge, the deduction will be applied to the first event competed after the warning. Once the deduction has been applied, the MR must inform CJ at any subsequent events so that no further penalty will be taken.*

- 1) Acceptable attire is a one piece leotard with or without sleeves and no bare midriff.
- 2) Unitards with long legs, with or without sleeves are acceptable.
- 3) Head covering is acceptable, if attached to leotard or unitard and fits snugly over the head, not to impose a safety hazard.
- 4) The leg cut of the leotard must be below the pelvis/hip bone.
- 5) Backless leotards are not acceptable.
- 6) Underwear (including sports bras) should not be visible.  
*If underwear is visible due to the cut of the leotard, warn the athlete's coach. If the gymnast does not correct it, take a deduction on her subsequent event. Underwear, including sports bras, should not be intentionally visible throughout the entire routine. However, if briefs or bra straps show due to activity, do not take a deduction. Common sense should prevail.*
- 7) One pair of stud earrings are allowed; one earring per ear in any part of the ear.  
All other piercings must be removed and not just covered with tape or a bandage.
- 8) Necklaces and bracelets are not allowed. Exception: Medical bracelets.
- 9) Spaghetti straps are considered inappropriate attire. Straps must be a min. of 2 cm (7/8") wide.
- 10) Elastic waistbands traditionally worn as training aids are incorrect attire.  
*(This does not include medically necessary bandages).*
- 11) Failure to wear a competitor number when required. \* See p7 for details for execution.
- 12) Hair should be secured away from the face so as not to obscure her vision of the apparatus.
- 13) Tennis shoes are NOT considered appropriate gymnastics footwear.

**0.20 Failure to observe specified warm-up time (*after a warning*)**

*Deduction is taken from the event score or may be taken from the team score on that event at Jr. Olympic Nationals or team competitions.*

*Note: This deduction applies only to the practice of an element(s). If a gymnast is preparing for a skill or dismount when time is called, she may continue to finish the skill(s) and/or dismount without penalty. There is no deduction for jumping on the board and/or briefly touching the apparatus immediately prior to competition on UB or BB. Refer to VT and FX Sections for specific allowable procedures. If the gymnast fails to leave the apparatus after "Time" has been called, the Timer must warn the gymnast by announcing "Time exceeded". If the gymnast remains on the apparatus, the Timer reports the infraction to the Chief Judge, who then deducts 0.20 from the average score.*

**0.20 Technical verbal cues by coach or teammate(s) to own gymnast (*applied after one warning has been given*)**

*Examples of technical cues: "hollow", "pull", "breathe" etc..Exception: If the gymnast is competing on the apparatus and the coach instructs her by giving specific information on what to do during the routine (for example – what comes next in the routine or to repeat a missed requirement), a deduction of 0.20 is taken from the average without warning.*

*This deduction is taken only once, regardless of the number of cues given.*

**0.20 Excessive use of magnesia (chalk) or incorrect use of tape**

- 1) Small chalk markings may be placed on the beam (tape markings are not allowed).
- 2) Spreading of magnesia on the FX mat is not allowed; only small marks are allowed.
  - a) A single-line arc drawn in the corner of the floor is acceptable.
  - b) No velcro or tape markings are allowed within the Floor Ex area.
- 3) Tape markings are allowed at the corners of the floor exercise mat to indicate the boundary line
- 4) Use of tape or excessive chalk is not permitted on the vault table.
- 5) Athletic tape, Velcro strips or small chalk marks may be used on the Vault runway; however, such markings should be no more than 2 inches wide/ 3 feet long and must be removed by the end of the rotation. The judge must issue **a warning** before taking a deduction if the measurement is exceeded or if the markings are not removed.

## CJ Deducts from Average Score

CJ takes the deduction from the average score for the following infractions. The deduction must be indicated to the coach either verbally or by visual means at the conclusion of the exercise.

<b>0.30</b>	<b>Use of additional mats, springboard on unauthorized surface, or the use of the hand placement mat for traditional approach vaults</b>
<b>0.30</b>	<b>Failure to remove the board after the mount</b>
<b>0.30</b>	<b>Failure to remove board or authorized spotting device after a release element</b>
<b>0.30</b>	<b>Using incorrect apparatus specifications, including incorrect spring configurations</b>
<b>0.30</b>	<b>Lands UB / BB dismount or FX Acro Salto in solid or loose foam pit</b>
<b>0.50</b>	<b>Starting the exercise before the signal is given (<i>deduct from the score of the repeated performance</i>)</b> <i>If the gymnast starts the exercise before signal is given, she should be asked to stop and repeat the performance immediately.</i>
<b>0.50</b>	<b>Coach on the floor exercise mat inside the border marking (<i>applied at Level 6 and above</i>)</b> <i>No deduction if coach is on the Floor mat to remove an object fallen from gymnast (i.e., metal hair clip, eyeglasses, etc.) or to adjust the placement of or to remove a skill cushion.</i>
<b>1.00</b>	<b>Absence of music or music with words or song/speech</b>
<b>1.00</b>	<b>The performance of a one-arm vault: if at least half of the vault panel saw only one hand touch the vault table</b>
<b>2.00</b>	<b>Short exercises (<i>applies to completed or incomplete routines</i>)</b> Uneven Bar routine with less than 5 Value Parts Balance Beam and Floor Exercise routines - less than 30 seconds
<b>0.50</b>	<b>EXCEPTION for level 6 BEAM with less than 30 seconds if a 10.0 SV is achieved</b>